

**FOR IMMEDIATE RELEASE**



**CONTACT**  
**Adam Milford**  
**Director**  
**+44 (0)20 8144 2290**  
**enquiries@theatreworkout.co.uk**  
**<http://www.theatreworkout.com>**

**THEATRE WORKOUT™ LAUNCHES THEATRE PARTIES IN PARTNERSHIP WITH MAJOR WEST-END SHOWS**

LONDON, 08 January 2010. Theatre Workout™, producers of bespoke theatre workshops in the West-End, has announced the launch of *Theatre Parties*, a range of experiential theatre workshops for adult groups visiting West End shows.

*Theatre Parties* offers a range of exclusive theatre and musical theatre classes which are ideal for hen parties, birthdays, corporate events and social and theatre clubs of all ages.

*Theatre Parties* have been developed by Theatre Workout™ in partnership with an array of renowned shows including: Dirty Dancing; Hairspray; Sister Act and Wicked. They are conducted in dance studios and other performance spaces in the heart of the West-End and are led by professional actors, singers and dancers working in the industry.

*Theatre Parties* allow groups to play, create and explore characters, songs and dance routines from their preferred show first-hand before seeing it live on stage. Parties can also be bundled with broader bespoke hospitality packages which include meal deals, tickets and backstage tours.

Residential *Theatre Parties* can also be run at group-specified locations. Parties last between 2-6 hours with prices starting at just £15.00\* per person.

For more information, please go to <http://www.theatreparties.co.uk>.

\*Subject to availability of studios, duration and minimum group size. Prices are inclusive of VAT.

---

**About Theatre Workout™**

Founded in 2006, Theatre Workout™ is a major producer of theatre workshops and educational theatre in the West-End. It offers a diverse spectrum of bespoke workshops on theatre and performance for groups of all ages.

All workshops are led by talented professionals actively working in the industry and whose combined training, knowledge and experience cover an extensive range of skill-sets.

For more information on Theatre Workout™ and its offerings please contact Adam Milford on +44 (0)20 8144 2290 at [enquiries@theatreworkout.co.uk](mailto:enquiries@theatreworkout.co.uk) or visit <http://www.theatreworkout.com>

ENDS